

Our Letter To Charité

First of all, we are truly grateful for the warm welcome in Charité. We would like to thank all people who organized our acquaintance with the clinic and university. We sincerely appreciate your hospitality and the great work that you performed for us.

In our first day we were greeted by Dominique Lacroix, who we want to give our special thankfulness for organizing our whole journey in Charité. Dominique told us about the history and structure of Charité and with the student Nadja explained what the studying process is like in the university. It was very interesting to learn about similarities and differences between Russian and German education systems. Then Nadja provide us with an exciting excursion around the campus. We went to the libraries, lecture halls, seminar rooms, laboratories and saw from within how German students live. We also met Konstantin Rehm who accompanied us during our whole stay in Berlin.



One of the most memorable parts of the day was our visit to *Berliner Medizinhistorische Museum*. There we were contemplating a fascinating exhibition. Medical instruments, historical medical devices, valuable books and microscopes collection were on display as well as about 900 valuable and rare pathological preparations.

The second day we began in the Interdisciplinary Center of Sleep Medicine guided by Prof. Dr. med. Ingo Fietze. We had a very profound conversation about the work in the center and his book «Über guten und schlechten Schlaf» that was also translated into Russian and that we immediately found when we came back in Novosibirsk. It is always a pleasure to talk to people who are in love with their work as Professor Fietze is. Then doctors who also worked in the center explained how they perform polysomnography (PSG) and other examinations during their work.

What is more, we visited the Department of Dermatology, Venerology and Allergology. We heard an amazing lecture read by Maxim E Darwin. After the lecture, we had a tour around the scientific part of the dermatological clinic. We saw the latest devices that are now used in the

treatment process of the patients as well as the equipment that is in the moment under development. Each researcher we met there talked about his work with huge participation.



Besides we had a wonderful opportunity to get to know the Department of General, Visceral and Transplant Surgery. We were fascinated with all the modern, well-equipped operation rooms in the department. The surgeons kindly answered all our questions about operation techniques, materials and devices. Then we were extremely lucky to talk to Pr. Zorron who told us about his ideas and inventions in the field of less invasive surgery. His speech was really inspiring and we could feel how dedicated and deeply involved into his work Professor was. After that accompanied by student Carl we saw the laboratories where the doctors together with the students carry out experiments.



Our third day we spent in the Nephrology department guided by student of the 6th year Peter and Professor Gollasch. During our conversation Professor told us a lot about diagnosis and treatment of renal diseases. We also watched doctors conducting some urine analysis. We found the department really up-to-date. The conversation with Professor Gollasch enriched our knowledge of this field of medicine.

To sum up, after 3 days in Charité we couldn't help but were really impressed by lots of things we had seen there. Sophisticated equipment of hospitals and laboratories in combination with the friendly atmosphere created by people who worked there had a great impact on us. Professionalism and sympathy of doctors, their creativity in the research process and the desire to help patients all these things show that public health structure is at a high level in Germany.



After our stay in Berlin we proved ourselves once again that we had been absolutely right to choose such an important profession as a doctor. We strengthened our belief that medicine is the greatest art of all times. While living in the century of progress of science it is essential to be up-to-date with the rapid changes, all the new discoveries and inventions in order to achieve our main goal – to preserve people's health and life by preventing and curing diseases in the most effective and modern way. In that context we see how crucial is the fact that we have colleges not only at our own workplace in the hospital, in our city and even the country. The partnership of medical workers spread widely touching every single hospital, university and laboratory all over the world. Only by working together, by keeping close relationship with each other, by sharing experience we can together do our best to succeed in our one common aim - to treat people. So we hope that our meeting in Charité was one of the steps of continuing our strong, trusting relationship. Thank you very much for such a wonderful opportunity!

